

# SEE WELL BE WELL

**5K FUN RUN/WALK | SATURDAY, OCTOBER 21, 2023 | BOARDWALK AT HARD ROCK HOTEL**

We cordially invite you to participate in this year's **See Well Be Well** 5K Fun Run/Walk on Saturday, October 21, 2023 on the Boardwalk beginning at Hard Rock Hotel. The event proceeds go entirely to the programs of the Richard J. Favreau, OD Health Foundation, a 501 (c) (3) nonprofit charitable corporation (Tax ID # 27-4637570).

The Richard J. Favreau, OD Health Foundation, which was formed in 2010, serves as a catalyst for ideas, partnerships, and programs that improve the health and quality of life of at-risk populations in New Jersey. This is achieved by funding programs which increase public awareness and provide services to expand eye health and vision care access, ultimately enhancing the quality of life for our target populations. Charitable contributions include:

- Donation to Special Olympics NJ for equipment for athlete vision screenings and fabrication of eyeglasses during the Summer Games;
- Sizable donation to Camp Marcella, New Jersey Camp for Blind Children, Inc.;
- Established a children's vision program;
- Grant check presented to the Parker Family Health Center - a free health care clinic in Monmouth County focused on dignity and compassion for all patients. The foundation also assisted with the Parker Family Health Center's equipment wish list.

## **5K Fun Run/Walk - 7:00 am**

**Pre-Registration Fee: \$25    On-Site Registration Fee: \$30**

**First 50 pre-registered participants prior to Sept. 1<sup>st</sup> will receive a t-shirt.**

**Medal given to top male and female finishers.**

### **Registrant Information:** (all fields required)

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

### **Registration Fees & Discounts:**

5K/Fun Run Pre-Registration.....\$25.00

5K/Fun Run On-Site Registration.....\$30.00

### **T-shirt Size:**

Mens Small

Womens Small

Mens Medium

Womens Medium

Mens Large

Womens Large

Mens Extra Large

Womens Extra Large

Mens 2X Large

**[ Checks should be made payable to The Richard J. Favreau, OD Health Foundation ]**

→ **Mail completed registration form with payment to:**

**NJSOP 4 AAA Drive, Ste. 204 Hamilton, NJ 08691**

**Questions? Contact the New Jersey Society of Optometric Physicians at (609) 323-4012**